



**KING KHALID UNIVERSITY
COLLEGE OF NURSING, KHAMIS MUSHEIT**












INTERSHIP PROGRAM

YEAR:.....





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INTRODUCTION

The department of nursing sciences, King Khalid University believes that the nursing profession is taking increasing responsibility for providing promotive, preventive, restorative and rehabilitative health care services, which contribute to the health and wellbeing of individuals, families and communities.

Following successful completion of the four years in the undergraduate nursing program, the student must spend 12 months of hospital & primary health care centers based internship period in a recognized institution that can offer a proper training area to meet the objectives of the internship program.

This period of practical, managerial and theoretical experience will enable the trainee to acquire more competency and experience to perform as an independent nurse specialist (per Saudi Council for Health Specialties Accreditation) and as a first level nursing manager, and will enable him to adjust to the real practical life in different units in the hospital settings.

By the successful completion of this internship period, the trainee is expected to fulfill the objectives of the program and will be awarded with proper certificate.

Philosophy of Internship Program

The internship program is an integral part of bachelor degree requirement in nursing sciences department, King Khalid University and embraces the philosophy of the College. The internship program has the following beliefs & values:

- To promote a high standard of safe, effective Nursing practices.
- Emphasis should be on application of knowledge and skills to the actual work environment. [Mastery learning assists interns in achieving an acceptable level of performance].
- Nursing services, education, and research must collaborate to effectively solve problems and to facilitate goal attainment
- Nursing personnel respect the individuality, dignity and right of every person regardless of race, color, nationality, Social or economic status.

Mission of Department :

To be one of the top academic nursing sciences programs nationally recognized, due to our commitment to excellence in nursing research, leadership, education, and practice in Saudi Arabia.

Vision of Department:

The Department of nursing sciences is a dynamic and evolving sector of higher education committed to prepare professional nurses who can care, maintain and promote health in different health care settings. The application of knowledge and skills will be demonstrated through interactive education in order to improve the quality of life for individuals, groups, and communities.



Internship Program Goals

1. To provide nursing students with an opportunity to strengthen and apply their knowledge and demonstrate competency in practical skill and procedure.
- 2 . To facilitate the transition to professional role.

Objectives:

Upon completion of internship program, the professional nurse intern will:

1. Be acquainted with hospital policies and procedures.
2. Apply theoretical knowledge into various clinical setting.
3. Enhance effective communication skill and professional relationships with patients and members of the multidisciplinary health care providers.
4. Improve the ability to act independently and implement appropriate nursing intervention.
5. Utilize appropriate personnel and available resources in total plan of patient care.
6. Contribute in providing safe environment for patients, families and health care personnel.
7. Provide safety, organize and quality patient care.



Internship Rotation

Orientation	1 week	Hospital
Surgical rotation	8 weeks	6 weeks Wards 2 weeks Operation room
Medical rotation	8 weeks	6 weeks Wards 2 weeks dialysis (optional)
Psychiatric rotation	6 weeks	4 weeks Wards 2 OPD
Pediatric rotation	2 Weeks	Pedia extension
Emergency rotation	4 weeks	Emergency room
Nursing management rotation	2 weeks	Different wards
Primary health care	4 weeks	Primary health care centers (PHCC)
Critical Care rotation	8 weeks	4 weeks coronary care unit (CCU) 4 weeks intensive care unit (ICU)
Elective area	5 weeks	ICU. CCU. BURNS ,OPERATION ROOM,ER,HEMODYLASIS
Vacation	4 weeks	Vacation

CLINICAL OBJECTIVES FOR TRAINING UNITS

Surgical Units:

General Objectives:

Upon completion of this training period in surgical units, the intern student will be able to:

1. Fulfill all the requirements for patient's admission.
2. Utilize the nursing process approach to construct nursing care plan based on need assessment for patient with surgical problems.
3. Perform comprehensive pre-operative assessment.
4. Apply aseptic technique principles while caring for surgical patient.
5. Follow basic infection control measures for transmission of communicable diseases to the client with surgical problems.
6. Prepare surgical patient physically, psychologically & mentally immediately before surgery.
7. Provide health teaching to promote patient's recovery from anesthesia & surgery thus preventing post-operative complications.



8. Endorse the patient to operating room (OR) following hospital policy.
9. Receive the patient from OR following the criteria according to hospital policy.
10. Perform post-operative assessment for early detection of post-operative complications.
11. Identify common post-operative problems& their management.
12. Provide accurate documentation for all nursing actions.
13. Provide information to patient & family before discharge.

Medical Units:

General Objectives:

Upon completion of this training period in the medical units, the intern student will be able to:

1. Fulfill all the requirements for patient's admission.
2. Utilize the nursing process approach in construct nursing care plan based on need assessment for patient with medical problems.
3. Implement nursing skills related to patient's care safely & efficiently.
4. Evaluate & modify the plan of care based on observable responses of patients & attainment of patient's goals.
5. Provide health education to patients & their families.
6. Prepare and administer medication safely & correctly.
7. Perform nursing procedures according to the hospital policy.
8. Provide accurate documentation for all nursing actions.

Pediatric Units:

General Objectives:

Upon completion of this training period in pediatric units, the intern student will be able to:

1. Perform physical assessment to pediatric patient.
2. Identify the most common medical and surgical health problems of children and their nursing care.
3. Provide direct, safe, comfortable and age appropriate nursing care for children/ families in different clinical settings.
4. Perform nursing procedures that needed in pediatric patients care according to the hospital



policy

5. Initiate and maintain cardiopulmonary resuscitation (CPR)
6. Maintain nutritional status.
7. Calculate the pediatric dosage of medication and administer it to the pediatric patient.
8. Assist with special procedures (Diagnostic or therapeutic) according to hospital policy.
9. Provide accurate documentation for all nursing actions.

Emergency Room:

General Objectives:

Upon completion of this training period in emergency unit, the intern student will be able to:

1. Acquire knowledge and competence in assessing patients in emergency situations by completing a primary and secondary survey properly.
2. Recognize and demonstrate skills in performing physical examination to patients in emergency situations.
3. Provide appropriate care to patients with emergency situations such as (multiple injuries, burn , coma , shock, respiratory failure, myocardial infarction, stroke, -----etc) in a calm, efficient and professional manner.
4. Discuss the appropriate nursing actions in situations where life support systems are threatened and provide emergency care in compliance with unit regulatory policies and practice.
5. Demonstrate a level of communication and professionalism appropriate for the emergency room functioning and practices.
6. Intervene in situations where life support systems are threatened and provide emergency care in compliance with unit regulatory policies and practice.
7. Comply with hospital policies and procedures in triaging patients and in ambulance run.
8. Provide accurate documentation for all nursing actions.

Critical Care Units:

General Objectives:

Upon completion of this training period in critical care units, the intern student will be able to:

1. Integrate a specific theoretical knowledge related to nursing, Pathophysiology, pharmacology, and medical technology to understand physiological and psychosocial responses to critical health disruptions.
2. Acquire competency in performing complete physical assessment of patients in critical care unit.



3. Integrate knowledge from nursing and other disciplines to formulate nursing intervention strategies for patients experiencing critical health disruptions.
4. Demonstrate competency in performing special procedures required in the critical care unit according to the hospital policy.
5. Follow critical care unit protocols in performing procedures and administering medications.
6. Follow hospital policies and procedures in providing patient's care.
7. Demonstrate behaviors reflecting professional and personal development.
8. Utilize analytical thinking and decision making approaches to identify and manage critical health disruptions.
9. Communicate appropriately with patients and critical care team.
10. Identify and evaluate teaching strategies to use for adult patients experiencing critical health disruptions.
11. Apply theoretical knowledge from nursing and other disciplines to evaluate health status of adult patients experiencing critical health disruptions.
12. Provide accurate documentation for all nursing actions.

Operating Room:

General Objectives:

Upon completion of this training period in operating room, the intern student will be able to:

1. Describe the interdisciplinary approach to the care of the patient during surgery.
2. Describe the principles of surgical asepsis.
3. Demonstrate skills in arranging sterile sets for various types of surgeries including preparation of instruments, equipment, material and supplies.
4. Describe the roles of the surgical team members.
5. Identify adverse effects of surgery and anesthesia.
6. Demonstrate skill in the safety use and handling of equipment, materials and supplies during the intra operative period.
7. Compare various types of anesthesia with regard to use , advantage, disadvantage, and nursing responsibilities.
8. Identify the use of the nursing process for optimizing patient outcomes during the intraoperative period.
9. Describe the role of the nurse in ensuring patient safety during the intraoperative period.



Psychiatric Units:

General Objectives:

Upon completion of this training period in psychiatric units, the intern student will be able to:

1. Identify the overall services rendered at a psychiatric outpatient.
2. Identify terminology pertinent to the field of psychiatric mental health nursing.
3. Practice skills of observation and interviewing psychiatric patients.
4. Identify causative factors to psychiatric disorders.
5. Identify the concept of prevention in the field of psychiatric and mental health nursing.
6. Identify different procedures of admission to psychiatric hospital.
7. Deliver a nursing intervention based on nursing process and the principles of psychiatric nursing.
8. Integrate the theoretical knowledge into the practical application.
This is through:
 - Communicate with psychiatric patient effectively.
 - Formulate nursing care plan for psychiatric patients appropriately.
 - Use appropriate decision making according to situations.
 - Demonstrate appropriate principles and behaviors in different situations.
 - Apply therapeutic relationship.
 - Apply growth and development theories on psychiatric patients.
 - Prepare the management plan for children and adolescent disturbances.
 - Develop problem-solving technique.
 - Apply counseling relationship.
 - Prepare a plan of care for psychiatric patients.
 - Apply general guidelines for facilitating a therapeutic milieu.

Primary Health Centers:

General Objectives:

Upon completion of this training period in Primary health centers, the intern student will be able to:

1. Describe the services provided by the primary health center.
2. Identify the roles of the personnel working in the center.
3. Recognize the common health problems and needs of the population served.
4. Initiate, facilitate or coordinate the care needed for individuals and groups.
5. Collaborate with other members of the health team.
6. Give appropriate immunization according to the approved program.
6. Conduct health education programs based on the need assessment tools.
7. Evaluate the nursing care provided and revise the plan of care accordingly.



Nursing Administration:

General Objectives:

Upon completion of this training period, the intern student will be able to:

1. Recognize different motivation strategies utilized to motivate staff according to their individual needs.
2. Identify leadership process characteristics & styles.
3. Utilize variables of work situation to diagnosis work needs to develop effective plan of work activities.
4. Evaluate critically variables affecting staffing in different work settings.
5. Differentiate among different leadership styles and select appropriate style according to the situations.
6. Act as an active member of the health care delivery team.
7. Utilize appropriate channels of communication.
8. Report accurate data relevant to different situation.
9. Make sound decision in different situation.
10. Demonstrate problem solving approaches when dealing with problems.
11. Lead effectively a group of nurses in different work situations.
12. Demonstrate effective time management.
13. Communicate in professional manner orally and in writing.
14. Apply time management principles effectively.
15. Apply quality improvement concept in different setting.